

Technical Elements	Observations
<input type="checkbox"/> Katatedori Kokyunage (sumiotoshi, irimi, tenshin, tenkan-sumiotoshi, osumiotoshi)	
<input type="checkbox"/> Katatedori Kaitennage (uchi-omote, uchi-ura, soto-omote, soto-ura)	
<input type="checkbox"/> Katatedori Kaitennage (tenkan-uchi-omote, tenkan-uchi-ura)	
<input type="checkbox"/> [static] Katatedori Sokumen Iriminage	
<input type="checkbox"/> [static] Katatedori Ikkyo (omote, ura)	
<input type="checkbox"/> [static] Katatedori Shihonage (omote, ura)	
<input type="checkbox"/> Katatedori Udekime (uchi)	
<input type="checkbox"/> Katatedori Iriminage (tenkan)	
<input type="checkbox"/> Katatedori Iriminage (asai)	
<input type="checkbox"/> Katatedori Kotegaeshi (tenkan)	
<input type="checkbox"/> Katatedori Kotegaeshi (asai)	
<input type="checkbox"/> Katatedori Kotegaeshi (gyaku-soto)	
<input type="checkbox"/> HHW Katatedori Kaitennage (uchi-omote, soto-ura)	
<input type="checkbox"/> [static] U Katatedori Kubishime Sankyo (omote)	
<input type="checkbox"/> [high to low] Morotedori Kokyunage (soto-tenkan)	
<input type="checkbox"/> [low to high] Morotedori Ikkyo (soto-tenkan-omote, soto-tenkan-ura)	
<input type="checkbox"/> [low to high] Morotedori Yonkyo (soto-tenkan-omote, soto-tenkan-ura)	
<input type="checkbox"/> [low to high] Morotedori Iriminage (tenkan)	
<input type="checkbox"/> [low to high] Morotedori Iriminage (asai)	
<input type="checkbox"/> [high to low] Morotedori Iriminage (uchi)	
<input type="checkbox"/> [high to low] Morotedori Kotegaeshi (uchi)	
<input type="checkbox"/> [static] Morotedori Shihonage (soto-omote, soto-ura)	
<input type="checkbox"/> [high to low] Morotedori Tenbinnage (irimi, tenkan)	
<input type="checkbox"/> Kosadori Ikkyo (omote, ura)	
<input type="checkbox"/> Kosadori Nikyo (kime-only)	
<input type="checkbox"/> Kosadori Iriminage (tenkan)	
<input type="checkbox"/> [pu] Kosadori Iriminage (uchi)	
<input type="checkbox"/> Kosadori Iriminage (asai)	
<input type="checkbox"/> [pu] Kosadori Iriminage (fukai)	
<input type="checkbox"/> [pu, static] Kosadori Sokumen Iriminage	
<input type="checkbox"/> [pu] Kosadori Kotegaeshi (uchi)	
<input type="checkbox"/> [pu] Kosadori Kotegaeshi (asai)	
<input type="checkbox"/> [pu] Kosadori Kotegaeshi (tenkan)	
<input type="checkbox"/> [pu] Kosadori Shihonage (omote)	
<input type="checkbox"/> Katadori Kokyunage (tenshin)	
<input type="checkbox"/> [static] Katadori Sokumen Iriminage	
<input type="checkbox"/> Katadori Ikkyo (omote, ura)	
<input type="checkbox"/> SW Katadori Ikkyo (omote, ura)	
<input type="checkbox"/> Katadori Menuchi Ikkyo (irimi-omote)	
<input type="checkbox"/> Ryotedori Kokyunage (sumiotoshi)	
<input type="checkbox"/> Ryotedori Kokyunage (irimi)	
<input type="checkbox"/> Ryotedori Kokyunage (tenshin)	

Technical Elements	Over and then down ----->	Observations
<input type="checkbox"/> Ryotedori Kaitennage (uchi-omote, uchi-ura)		
<input type="checkbox"/> Ryotedori Tenbinnage (tenkan-uchi-omote)		
<input type="checkbox"/> [static] Ryotedori Tenchinage		
<input type="checkbox"/> Ryotedori Tenchinage (irimi)		
<input type="checkbox"/> [static] Ryotedori Ikkyo (omote, ura)		
<input type="checkbox"/> Ryotedori Iriminage (tenkan)		
<input type="checkbox"/> Ryotedori Iriminage (asai)		
<input type="checkbox"/> Ryotedori Iriminage (uchi)		
<input type="checkbox"/> Ryotedori Kotegaeshi (tenkan)		
<input type="checkbox"/> [static or flowing] Ushiro Ryotedori Kokyunage (otoshi)		
<input type="checkbox"/> [static] U Ryotedori Sankyo (omote)		
<input type="checkbox"/> Ryokatadori Aikiotoshi		
<input type="checkbox"/> [initiate] Ryokatadori Kokyunage (irimi-tenkan)		
<input type="checkbox"/> Ushiro Ryokatadori Kokyunage		
<input type="checkbox"/> Shomenuchi Ikkyo (omote, ura)	<input type="checkbox"/> Shomenuchi Iriminage (tenkan)	
<input type="checkbox"/> Shomenuchi Kaitennage (soto-omote, soto-ura)	<input type="checkbox"/> SW Shomenuchi Ikkyo (omote, ura)	
<input type="checkbox"/> SW Shomenuchi Iriminage (tenkan)		
<input type="checkbox"/> Yokomenuchi Kokyunage (sumiotoshi)	<input type="checkbox"/> Yokomenuchi Kokyunage (tenshin)	
<input type="checkbox"/> Yokomenuchi Sokumen Iriminage (uchi)	<input type="checkbox"/> Yokomenuchi Shihonage (soto-omote & soto-ura)	
<input type="checkbox"/> Tsuki Ikkyo (tenshin, omote & ura)	<input type="checkbox"/> Tsuki Iriminage (tenkan & irimi)	
<input type="checkbox"/> Tsuki Sokumen Iriminage		
<input type="checkbox"/> FTW - Ryokataoshi Kokyunage (tenkan)	<input type="checkbox"/> FTW - Ryokataoshi Udekime	
<input type="checkbox"/> FTW - Ushiro Kakaejime Ikkyo	<input type="checkbox"/> FTW - Ushiro Kakaejime Kokyunage (irimi)	
<input type="checkbox"/> FTW - Kesagatame Ikkyo	<input type="checkbox"/> FTW - Hachigatame Aikiotoshi	
<input type="checkbox"/> FTW - Mawashiuchi Ikkyo (omote)	<input type="checkbox"/> FTW - Mae Geri Sokumen Iriminage	
<input type="checkbox"/> FTW - Mae Geri Sokumen Iriminage HW Ikkyo (omote)	<input type="checkbox"/> FTW - Mae Geri Sokumen Iriminage HW Sumiotoshi	
<input type="checkbox"/> FTW - Mae Geri Iriminage (irimi)	<input type="checkbox"/> Hakken Waza	
<input type="checkbox"/> Katatedori Jiyu Waza (iriminage-tenkan&asai, kotegaeshi-tenkan&asai&gyaku-soto, kaitennage5, shihonage ura, sokumen iriminage, kokyunage5)		
<input type="checkbox"/> Kosadori Jiyu Waza (iriminage-tenkan&uchi&asai&fukai, kotegaeshi-uchi&asai&tenkan, shihonage, sokumen iriminage)		
<input type="checkbox"/> Morotedori Jiyu Waza (iriminage-H2Luchi&L2Htenkan, kotegaeshi-uchi, shihonage-soto-omote&soto-ura, tenbinnage-irimi&tenkan, kokyunage)		
<input type="checkbox"/> Ryotedori Jiyu Waza (iriminage-tenkan&asai&uchi, kotegaeshi-tenkan, kaitennage-uchi-omote&uchi-ura, tenchinage-irimi, tenbinnage, kokyunage3)		
<input type="checkbox"/> Taki Nobori (1 attacker)		
<input type="checkbox"/> Ni Nin Gake (irimi otoshi)		
<input type="checkbox"/> Ryokatadori Jiyu Waza (2 attackers)		
<input type="checkbox"/> Zagi Koryuho		

General Comments: