BigRock Aikikai Written Test

Name:	Class:

Testing Fee: $25 ** Please attach payment to this form or enclose form with payment in an envelope … Thank you **

I am making an application for my **red belt** in **Aikido**. In order to qualify, I need confirmation that my efforts outside of my Aikido school are as good as they are inside. By signing this application, you are confirming my behavior meets your expectations for someone at a **beginner's level**.

Parent/Guardian Signature	Teacher Printed Name
	Teacher Signature

Aikido Red Belt

List 2 important points for **Katatedori Kokyunage 2nd**

1.

2.

How do you lower your partner's head during **Katatedori Kaitennage?**

List the 3 important things you must do with your arm for all **Morotedori** techniques

1. 2. 3.

Circle the proper description for **Kosadori Ikkyo Ura**

Crossing in front of your partner Turning behind your partner

Tai Sabaki means body movement (like **irimi**, **tenshin** and **tenkan**) **True** or **False**?

Both hands go to one place during **Shomenuchi Ikkyo Omote**. Where?

The attack **Yokomenuchi** comes from the top or side?

Translate the 3 parts of **Aikido**

Ai **Ki** **Do**

Why do you bow to your partner before and after technique practice?

Student Signature:	Marked by:

This test is currently 25% 50% 75% 100% complete