

BigRock Aikikai Written Test

Name:		Class:
Testing Fee: \$25 ** Please attach payment to this form or enclose form with payment in an envelope ... Thank you **		
I am making an application for my orange belt in Aikido . In order to qualify, I need confirmation that my efforts outside of my Aikido school are as good as they are inside. By signing this application, you are confirming my behavior meets your expectations for someone at a beginner's level .		
Parent/Guardian Signature	Teacher Printed Name	
	Teacher Signature	

Aikido Orange Belt

Ai Hanmi means you and your partner have the same foot forward	True or False?
Gyaku Hanmi means you and your partner have the opposite foot forward	True or False?
What does Maai mean in English?	
Why is proper Maai important?	
List 1 important point for the following techniques	
<u>Katatedori Kokyunage 1st</u>	<u>Morotedori Kokyunage</u>
1.	1.
Circle the proper description for Kosadori Ikkyo Omote	
Crossing in front of your partner	Turning behind your partner
Uke is the name for the attacker and Nage is the name for the defender	True or False?
Who should be the first to stand up after Shomenuchi Aikiotoshi?	Uke or Nage?
What does Osensei mean in English?	
Why do we bow to Osensei at the start and end of every class?	
In which country was Aikido created? A) Canada B) USA C) Japan D) China	
Student Signature:	Marked by:

This test is currently 25% 50% 75% 100% complete