

BigRock Aikikai Written Test

Students Name:		Date
Buki Rank:	Hours Since Last Test:	Testing Fee: \$10.00
** Please attach payment to this form or enclose form with payment in an envelope ... Thank you **		
Parent/Guardian Signature:		
Ichi Dan Kai		
List the Principles of Practice:		
1.		
2.		
3.		
What must you have before you take a Jo and begin practicing?		
To where will you return your Jo, after practice?		
What must you do before bringing a Jo in or taking a Jo out of the practice area?		
List three important points that apply to Rei no Shi Sei and Chu Moku no Shi Sei:		
1.		
2.		
3.		
What is the key to remembering and perfecting all the different Kamae?		
I pledge to uphold the Principles of Practice by following the example and directions of my Sempai and Sensei.		

Students Signature