

BigRock Aikikai Written Test

Students Name:		Date
Buki Rank:	Hours Since Last Test:	Testing Fee: \$10.00
** Please attach payment to this form or enclose form with payment in an envelope ... Thank you **		
Parent/Guardian Signature:		
Go Dan Kai		
Describe the 3 different versions of Hachi no Ken		
1.	2.	3.
When students work together with Bokken and Jo, the primary goal of each is different. Explain.		
Primary goal for the Bokken student:		
Primary goal for the Jo student:		
What do you notice when you compare Ju San no Jo and Ju Roku no Jo?		
Through Aikido training, 3 aspects of the student are being developed (body, mind, spirit). Describe the benefits to your BODY of regular Aikido training.		
I understand that with higher rank comes more responsibility, including taking the initiative to set the proper example for junior students.		

Students Signature