

BigRock Aikikai Written Test

Name:		Class:
Testing Fee: \$40 *Please e-transfer payment to sensei@bigrock-aikikai.com --- Thank you*		
I am making an application for my blue belt in Aikido . In order to qualify, I need confirmation that my efforts outside of my Aikido school are as good as they are inside. By signing this application, you are confirming my behaviour meets your expectation for someone at an intermediate level .		
Parent/Guardian Signature:	Teacher Printed Name:	
	Teacher Signature:	

Aikido Blue Belt

Describe the Tai Sabaki needed to do **Katatedori Katennage (soto omote)**?

During **Kosadori Iriminage (uchi)**, do you start by making a big circle and following your thumb or by having your palm up, making an Irimi-1, and collecting your feet?

After the Uke grabs your shoulder for **Katadori Menuchi Ikkyo Omote**, what must you do in order to pin their free arm?

List three important points for **Ushiro Ryotedori Kokyunage (otoshi)**:

- 1.
- 2.
- 3.

For **Shomenuchi Iriminage (tenkan)**, do you block the uke's attack by raising your front arm to deflect the attack or by blocking their arm with with your hands in a triangle?

