

BigRock Aikikai Written Test

Name:	Class:
Testing Fee: \$150 *Please e-transfer payment to sensei@bigrock-aikikai.com --- Thank you*	
I am making an application for my advanced black belt in Aikido . In order to qualify, I need confirmation that my efforts outside of my Aikido school are as good as they are inside. By signing this application, you are confirming my behaviour meets your expectation for someone at an advanced level .	
Parent/Guardian Signature:	Teacher Printed Name:
	Teacher Signature:

Aikido Advanced Black Belt

Write about the effects of **Aikido** on your everyday life.

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One of the virtues we value at the dojo is **humility**, which means to demonstrate a modest understanding of ourselves and act both humbly and selflessly around others. BigRock Aikikai challenges you to demonstrate this virtue outside of the dojo too! To complete this written test, please accept this challenge and provide an example on how you have shown humility at your **home, school, dojo, and community**.

Dojo example:

Home example:

School example:

Community example:

Student signature:

Marked by:

This test is currently:

incomplete

partially complete

complete